



Rainhill Town Football Club

Established 1970

Club Chairman: Neil Thompson

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HEALTH and SAFETY RISK ASSESSMENT

Rainhill Town Football Club

Open age and U18 Youth Team

1. Scope

This assessment covers all football activities: training, matches, travel, use of facilities, and club-organised events for all three teams, including the U18 squad.

2. Identified Hazards and Controls

Playing Surface & Facilities

- **Hazards** — Uneven ground, holes, debris, waterlogging, ice, unsafe goalposts.
- **Controls** — Pre-session pitch inspection; remove hazards; cancel or relocate if unsafe; ensure goalposts are anchored and meet FA standards.

Equipment

- **Hazards** — Damaged balls, cones, nets, or sharp edges; unsafe storage.
- **Controls** — Regular equipment checks; replace damaged items; store safely; ensure first-aid kit is stocked.

Player Injuries

- **Hazards** — Sprains, fractures, muscle injuries, concussion.
- **Controls** — Mandatory warm-ups/cool-downs; qualified first-aider present; follow FA concussion guidelines; record all injuries; ensure players disclose medical conditions.

Weather Conditions

- **Hazards** — Heat exhaustion, hypothermia, lightning, poor visibility.
- **Controls** — Modify or cancel sessions; provide hydration breaks; enforce appropriate clothing; suspend play during lightning.

Safeguarding (U18s)

- **Hazards** — Inappropriate contact, bullying, unsupervised youth players, unsafe changing areas.
- **Controls** — DBS-checked staff; Welfare Officer; two-adult rule; separate changing arrangements; parental consent for travel and media.

Travel & Transport

- **Hazards** — Road accidents, lone transport of U18s, poor supervision.
- **Controls** — No lone transport of U18s by coaches; ensure parents/guardians arrange travel unless club-organised; seatbelts mandatory; risk assessment for trips.

Fire & Emergency Situations

- **Hazards** — Fire in clubhouse, blocked exits, lack of emergency plan.
- **Controls** — Keep exits clear; display evacuation routes; coaches brief players; ensure access for emergency services.

Behaviour & Conduct

- **Hazards** — Violence, abuse, discrimination, alcohol misuse.
- **Controls** — Code of Conduct; disciplinary procedures; zero tolerance for abuse; safeguarding reporting routes.

3. Risk Rating Summary

- **Low** — Standard training/match activities with controls in place.
- **Medium** — Severe weather, minor injuries, equipment faults.
- **High** — Lightning, unsafe pitches, safeguarding concerns, serious injuries. High-risk situations require immediate suspension of activity.

4. Review

This Risk assessment is approved by the Club Committee and applies to all members from the date of adoption and will be reviewed annually or after any major incident.

Signed:

Club Chair: _____

Date: _____

